

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025

Wales National Pool, Swansea
Results - Session 3 - Warm Up 2.45 - 3.35

Event 307 Women 18-24 1500 LC Meter Freestyle					Event 307 Women 50-54 1500 LC Meter Freestyle				
1	Peta Jarvis	24	Loughborough	21:24.59	1	Jessica Partridge	50	Stroud Mast	19:28.71
	36.46	40.33	42.06	42.48		35.76	38.00	38.56	38.53
	43.24	43.56	42.70	42.80		38.70	38.61	38.82	38.96
	43.09	44.30	43.69	43.16		38.70	38.80	39.26	39.23
	43.52	43.30	43.37	42.93		39.30	39.13	39.69	39.12
	42.91	43.85	43.00	43.42		39.37	39.21	39.12	39.60
	44.15	42.89	44.14	43.76		39.43	39.23	39.59	39.17
	43.05	43.25	42.36	43.05		39.34	39.52	39.80	39.38
	42.29	41.48				39.11	37.67		
Event 307 Women 25-29 1500 LC Meter Freestyle					2	Maida Shivik	51	Camden Swiss	23:06.09
1	Carys Thomas	28	Cardiff Mast	20:35.06		42.25	46.48	46.25	46.63
	35.11	38.90	40.48	41.07		46.58	46.61	46.12	47.08
	41.40	41.91	41.84	41.76		46.16	46.52	46.11	46.58
	41.93	41.61	41.74	41.54		46.53	46.60	2:18.53	
	41.60	41.78	41.78	41.73		2:18.71		2:18.80	
	41.73	41.60	41.46	41.45		2:18.81		2:19.10	
	41.57	42.03	41.49	41.58		2:19.37		2:18.55	
	41.62	41.34	40.88	40.83		1:30.48			
	40.58	40.72			3	Karen Fitzgerald	54	Cardiff Mast	23:06.95
2	Rebecca Harnden	27	Bristol Nor	21:36.39		40.33	44.30	45.02	45.93
	2:04.86		2:11.64			46.56	46.50	46.97	46.92
	2:10.20		2:09.78			47.34	46.55	46.88	46.84
	2:10.55		2:11.10			46.80	46.94	47.16	46.44
	3:38.53		3:38.10			47.23	46.32	46.77	46.44
	3:38.44		3:38.39			46.72	46.41	46.77	46.72
	3:38.53		2:10.14			47.17	47.00	46.30	46.74
	2:08.62					45.99	42.89		
Event 307 Women 30-34 1500 LC Meter Freestyle					Event 307 Women 55-59 1500 LC Meter Freestyle				
1	Vikki Courtman	31	Chirk	23:06.75	1	Bryony Wilkes	55	Loughborough	22:48.05
	40.76	45.87	47.43	47.30		39.34	44.04	45.08	45.22
	47.18	46.82	47.33	47.01		45.68	45.81	45.92	45.63
	47.50	46.84	46.60	46.29		46.32	46.02	45.73	45.41
	46.86	46.20	46.70	46.36		46.05	46.11	45.89	45.73
	46.57	46.57	47.04	46.09		46.11	45.68	46.01	45.93
	46.74	46.11	46.52	46.28		46.34	46.19	46.47	45.88
	46.94	46.10	45.83	45.43		46.55	46.05	46.11	46.17
	44.41	43.07				46.66	43.92		
Event 307 Women 35-39 1500 LC Meter Freestyle					2	Zorika Adams	55	Camden Swiss	23:53.38
1	Stephanie McNally	36	Bristol Nor	20:13.62		42.53	46.75	47.45	47.66
	35.36	39.61	40.29	41.23		48.17	48.50	48.15	48.75
	41.15	41.70	40.95	41.36		47.88	47.69	47.53	48.10
	40.85	41.21	40.62	40.85		47.87	48.46	47.41	47.95
	40.63	40.56	40.36	41.16		48.50	48.30	47.95	48.78
	40.45	41.00	40.71	41.08		47.61	48.22	48.30	48.16
	40.54	40.79	40.55	40.88		48.50	48.60	47.75	48.80
	40.37	40.57	40.50	40.14		47.61	45.45		
	39.70	38.45			Event 307 Women 65-69 1500 LC Meter Freestyle				
					1	Gerri Kinsella	65	Carm Masters	30:30.41
						53.98	58.76	1:01.72	1:01.84
						1:03.13	1:03.00	1:02.90	1:01.97
						1:01.12	59.61	1:02.52	1:01.51
						1:02.04	1:00.41	1:01.06	1:02.47
						1:02.47	1:01.31	1:00.99	1:00.22
						1:00.78	59.98	1:01.46	1:00.29
						1:01.04	1:02.25	1:01.32	1:01.24
						1:00.55	58.47		

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025

Wales National Pool, Swansea
Results - Session 3 - Warm Up 2.45 - 3.35

Event 307 Women 70-74 1500 LC Meter Freestyle					Event 307 Men 30-34 1500 LC Meter Freestyle				
1	Jayne Stephenson	71	Gloucester M	24:48.18	1	James Flanigan	30	Cardiff Mast	19:21.15
	44.07	48.07	49.79	49.75		32.52	37.46	37.84	38.40
	50.09	49.71	50.26	49.73		38.39	38.81	38.48	38.59
	50.00	50.11	50.22	50.05		38.64	38.78	38.90	39.38
	49.92	49.57	49.95	49.85		39.12	39.18	39.46	39.34
	50.13	49.73	49.31	49.94		39.56	39.21	38.87	39.09
	50.14	50.49	50.32	50.35		38.75	38.95	39.16	39.05
	49.64	50.25	49.96	50.09		38.84	39.51	40.14	39.62
	49.05	47.64				38.93	38.18		
2	Lorraine Crook	71	Caldicot	40:54.92	Event 307 Men 35-39 1500 LC Meter Freestyle				
	1:12.19	1:17.37	1:16.70	1:18.42	1	Daniel Bradshaw	36	Bristol Nor	19:14.09
	1:18.36	1:19.40	1:20.05	1:21.95		33.86	37.59	38.46	38.79
	1:21.51	1:21.65	1:21.01	1:22.69		39.06	38.85	38.34	38.76
	1:24.01	1:22.97	1:24.62	1:23.30		38.67	38.52	38.28	38.34
	1:23.69	1:24.82	1:25.70	1:23.23		38.54	38.75	38.78	38.74
	1:22.98	1:22.78	1:24.53	1:24.90		38.66	38.67	38.55	38.91
	1:24.61	1:23.00	1:23.18	1:23.06		39.06	39.31	39.16	38.70
	1:24.17	1:18.07				39.09	39.11	39.13	39.37
						38.19	35.85		
Event 307 Women 80-84 1500 LC Meter Freestyle					2	Mikko Jay	39	ForestofDean	23:17.02
1	Margaret Weare	81	Caldicot	39:48.29		38.96	42.61	44.57	46.09
	1:04.48	1:12.96	1:16.80	1:21.67		46.30	46.44	46.39	47.35
	1:19.57	1:21.61	1:18.95	1:20.44		47.34	46.86	47.52	47.61
	1:19.27	1:21.15	1:21.07	1:18.84		47.02	46.89	47.43	47.08
	1:18.62	1:20.86	1:20.95	1:21.23		46.88	46.82	47.41	47.17
	1:18.44	1:21.24	1:20.49	1:23.36		47.53	46.90	47.11	46.93
	1:20.48	1:21.64	1:20.55	1:21.32		47.96	47.44	48.32	47.33
	1:20.69	1:22.39	1:20.23	1:22.32		47.47	45.29		
	1:19.52	1:17.15			Event 307 Men 45-49 1500 LC Meter Freestyle				
Event 307 Men 25-29 1500 LC Meter Freestyle					1	Christopher Hanmer	46	Chirk	22:46.49
1	William Munday	29	Swansea Mast	18:31.71		38.21	43.78	46.01	45.47
	34.61	37.02	37.91	38.00		45.96	45.49	46.08	45.39
	37.84	38.12	38.15	38.24		46.01	45.64	45.82	45.48
	37.68	37.40	36.65	37.00		46.13	45.84	46.22	45.76
	36.95	36.68	36.89	36.56		46.01	45.87	46.04	45.99
	36.80	36.73	37.03	36.98		46.37	46.06	46.55	46.05
	36.57	36.50	36.71	37.03		46.45	46.00	46.69	46.23
	37.23	37.15	37.34	37.07		46.21	42.68		
	36.52	36.35			Event 307 Men 50-54 1500 LC Meter Freestyle				
2	Benjamin Goodfellow	29	Wrexham	19:26.58	1	Andrew Martin	50	Cardiff Mast	19:34.59
	34.54	37.99	38.44	39.00		34.79	37.42	38.20	38.70
	39.04	39.03	39.20	39.71		38.97	38.97	39.05	38.85
	38.60	39.50	39.24	39.56		38.96	38.92	39.22	39.35
	38.94	39.67	39.35	39.58		39.39	39.45	39.30	39.64
	39.77	39.56	38.81	39.24		39.53	39.42	39.70	39.49
	39.27	39.20	38.97	39.10		39.63	39.84	39.80	39.65
	38.80	39.15	39.21	38.47		39.70	39.50	39.81	39.48
	38.40	37.24				40.07	39.79		
3	Hayden Ball	29	Bristol Nor	20:29.27	2	Karl Sepahpour	54	Carm Masters	34:33.17
	34.52	39.15	40.91	40.85		58.26	1:04.33	1:08.10	1:13.82
	41.66	41.56	41.87	41.36		1:08.52	1:11.22	1:08.92	1:11.94
	41.24	40.83	41.15	40.84		1:09.68	1:11.27	1:09.12	1:11.31
	40.94	40.46	40.85	40.87		1:08.95	1:11.16	1:09.16	1:09.45
	41.19	41.26	41.24	41.18		1:09.81	1:10.88	1:10.59	1:11.04
	41.39	41.60	41.66	42.09		1:06.96	1:11.14	1:07.79	1:11.20
	42.46	41.72	42.19	41.23		1:08.29	1:12.54	1:07.20	1:10.99
	41.35	39.65				1:07.78	1:01.75		

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025

Wales National Pool, Swansea

Results - Session 3 - Warm Up 2.45 - 3.35

Event 307 Men 60-64 1500 LC Meter Freestyle

1	Patrick Allen	63	Woking	27:32.20
	48.12	52.55	53.57	55.17
	55.24	54.42	55.81	55.55
	56.08	56.23	55.64	56.33
	55.46	56.02	55.69	55.95
	54.52	53.80	55.57	53.54
	55.04	56.30	56.46	55.93
	56.83	55.79	56.41	54.57
	55.30	54.31		
2	Stuart McGurk	64	Kendal	29:42.32
	51.69	59.08	1:00.42	59.65
	1:00.93	58.59	1:01.23	58.67
	1:00.02	58.37	1:01.73	58.36
	1:01.62	59.07	1:00.09	59.30
	1:00.51	57.81	1:00.60	58.08
	59.93	59.33	1:02.08	2:59.97
		2:58.57		2:54.79
		56.23		

Event 307 Men 65-69 1500 LC Meter Freestyle

1	Mark Jones	65	Warrington M	21:44.23
	38.95	42.06	42.70	43.36
	43.42	43.42	43.64	43.43
	43.48	43.81	43.59	43.72
	43.96	43.79	43.70	44.09
	43.42	43.89	43.90	43.99
	43.83	44.10	44.24	44.28
	44.11	43.91	44.61	44.25
	43.55	41.03		
2	Gordon Coutts	65	Totnes	22:44.08
	38.61	42.84	44.59	44.42
	44.80	44.35	44.49	44.78
	45.36	45.07	45.81	45.59
	45.34	46.28	46.29	46.11
	46.46	46.45	46.49	46.99
	46.60	46.48	47.02	46.54
	46.73	47.33	45.83	45.94
	45.69	44.80		

Event 307 Men 70-74 1500 LC Meter Freestyle

1	Tony Morris	70	Aer Lingus	22:36.52
	39.51	44.42	45.25	45.19
	45.44	45.16	45.60	45.47
	45.55	45.31	45.23	45.99
	45.92	45.94	46.23	46.04
	45.62	45.18	45.93	45.27
	45.75	45.29	45.89	44.85
	45.12	45.98	45.65	45.03
	45.06	43.65		

Event 307 Men 75-79 1500 LC Meter Freestyle

1	Terence Mansi	76	Hadleigh	32:40.40
	53.42	1:00.82	1:04.00	1:04.01
	1:04.49	1:03.09	1:04.57	1:04.74
	1:05.73	1:04.41	1:05.55	1:05.73
	1:05.65	1:06.06	1:07.78	1:05.61
	1:06.62	1:05.23	1:06.72	1:05.91
	1:05.85	1:06.09	1:07.59	1:07.32
	1:06.69	1:06.97	1:07.84	1:07.90
	1:09.60	1:04.41		